

(Crunchy sound)

- Many snacks are little more than empty calories. They may taste good, but they have almost none of the protein your body needs, but there is one delicious snack that's rich in protein. That's right. Planters peanuts, a great snack food that gives you more protein. And the ounce for ounce can cost less than many other snacks. Planters peanuts. Good tasting. Good for you. Nothing pleases like planters.